PLANK 1

**TOOL: Quarterly Blood Pressure Auditing Tool (HealthPartners)**

Quarterly Blood Pressure Audit Tool

Use this tool quarterly for all nurses and medical assistants who take blood pressures.

**Employee Name: ____________________________________________**

**Chart Audits**

- Audit 5 patient charts who have a blood pressure of \( \geq 140/90 \). Review to ensure that a follow-up BP was taken and documented following appropriate blood pressure procedures.

<table>
<thead>
<tr>
<th>Patient 1</th>
<th>Patient 2</th>
<th>Patient 3</th>
<th>Patient 4</th>
<th>Patient 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>MRN</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BP Date</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Second BP Taken &amp; Documented</td>
<td>Yes / No</td>
<td>Yes / No</td>
<td>Yes / No</td>
<td>Yes / No</td>
</tr>
</tbody>
</table>

**Comments:**

Follow up needs
- No follow up needed
- Follow up needed in _____________ to assess improvement
- Improvement needs include:

**Assessment Observation**

- Observe one patient

**Date of Observation: ____________________________**

<table>
<thead>
<tr>
<th>Task Assessed</th>
<th>Meets</th>
<th>Needs Improvement</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Initiates BP measurement at end of rooming process using Omron monitor after patient has had a period of rest. (5 minutes is best practice)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Measures BP following established procedure:  
  - Feet support flat on the floor  
  - Back supported  
  - Clothing removed where cuff is placed  
  - Selects appropriate cuff size  
  - Secures cuff so that 2 fingers can be inserted between cuff and arm  
  - Arm is supported and level with heart  
  - Remains quiet during measurement |       |                   |          |
| Accurately records BP |       |                   |          |
| Repeats BP measurement if initial reading is 140/90 or greater. Has patient wait quietly for at least 5 minutes before retaking & records second measurement in “New Vitals.” |       |                   |          |

Follow up needs
- No follow up needed
- Follow up needed in _____________ to assess improvement
- Improvement needs include:

**Reviewer Signature: __________________________________________________________________________**