PLANK 1

TOOL: Correct Blood Pressure Technique Poster (Summit Medical Group)

Correct Blood Pressure Technique

• Wait until patient has been seated for five minutes prior to taking blood pressure.

• Use the right sized cuff on a bare arm.

• Place arm at heart level with palm of hand upright.

• Have back supported and legs uncrossed with feet flat on the floor.

• Avoid talking while blood pressure is being taken.

• Record exact numbers.