

# PLANK 1

## TOOL: Competency Checklist Blood Pressure Measurement (Cleveland Clinic)

S = Satisfactory | U = Unsatisfactory | NP = Not Performed

### Cleveland Clinic Community Primary Care Practices Competency Checklist Blood Pressure Measurement

	S	U	NP	Comments
Closed room curtain or door.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Performed hand hygiene	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Taken while patient is sitting in an upright position in a patient exam room chair. Place entire arm at patient's heart level. (Placing the arm above or below the heart level will affect the accuracy of the reading.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Taken just prior to clinical support staff leaving the room.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Taken after all questions are answered and documented into the EMR. (Talking can increase the BP, avoid during direct procedure.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Taken on a bare arm, wrap appropriate size cuff smoothly and evenly around the arm 1-2 inches above the antecubital space (do not place cuff over clothing), feet flat on the floor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Palpate the brachial artery on the ulnar side of the antecubital space with the second and third finger tips of one hand. With the same hand hold the bell of the stethoscope. Close the control valve clockwise with the other hand and inflate the compression bag (cuff) as rapidly as possible by pumping the inflation bulb. Continue until the pulse you are palpating can no longer be felt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Inflate the cuff for an additional 30mm Hg.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Position the bell of the stethoscope over the brachial artery.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Release the valve turning it counterclockwise. Do not deflate too slowly or you will obtain a falsely elevated pressure due to venous congestion. (Do not deflate too quickly or you will get an erroneous reading.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Read the manometer at eye level.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Document findings on appropriate form or in the EMR. Notify provider of any significant findings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Employee \_\_\_\_\_ Signature \_\_\_\_\_

Evaluator \_\_\_\_\_ Signature \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

