

PLANK 4

TOOL: Blood Pressure Spot Check (Kaiser Permanente)



KAISER PERMANENTE®
Orange County

Blood Pressure Spot Check

(Because we care to do the best for our members)

MA/Nurse Name	SOS Staff <input type="checkbox"/>
Date	
Time	
MOB	
Department/Module	

Important Criteria	Yes	No*
Bare Arm		
Arm Support at Heart Level		
Not Talking During B/P Both Patient and MA/Nurse		
Correct B/P Cuff Size		
Peds: Feet on floor & legs uncrossed		

*Education Recommended

Date Education Done: _____

Educational Recommendations at time of Audit: _____

System or Workflow Issues Identified: (ex.: need adjustable foot rest / arm rest)

Spot Check completed by _____

Please Print Name/Title

Return to your DA/ADA when complete.



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Instructions for Blood Pressure Spot Check

- 1.** Every other even month (i.e., February, April, June, etc.) for two weeks out of the month, Team Leaders are to complete one B/P Spot Check per day (5 per week, 5 total) capturing all staff multiple times throughout the year.
- 2.** Important criteria to be assessed:
 - A. Is the patient's arm bare?
 - B. Is the patient's arm totally supported at heart level? The patient's arm should be relaxed.
 - C. Neither the patient nor the MA/Nurse should be talking during the procedure.
 - D. Was the correct size blood pressure cuff used?
- 3.** If any of the important criteria is missed, please privately coach the MA/Nurse on the criteria missed.
- 4.** Please identify any system or workflow issues that may have contributed to the B/P not being taken correctly.
- 5.** Please return the completed form to your DA/ADA.

