

PLANK 5

TOOL: BP at Goal Patient Questionnaire (Fletcher Allen Healthcare/University of Vermont)

QUESTIONNAIRE EVALUATING PHYSICIAN'S ASSESSMENT OF THE PATIENT'S KNOWLEDGE AND BEHAVIORS ABOUT BLOOD PRESSURE

BP AT GOAL PATIENT QUESTIONNAIRE

Mark on the corresponding scale of 0-10 with 0 being least important and 10 being most important your assessment of your patients' perception of the following barriers to their BP being at goal.

- a. I do not know my BP goal
0 _____ 10
- b. I do not know what my BP is or how to measure it
0 _____ 10
- c. I do not know how to decide if my BP is well-controlled
0 _____ 10
- d. I do not know what to do when my BP is not at goal
0 _____ 10
- e. I do not know how to talk to my doctor about BP control
0 _____ 10
- f. My blood pressure medications make me feel bad
0 _____ 10
- g. My blood pressure medications are too expensive
0 _____ 10
- h. I do not have time or do not like to exercise
0 _____ 10
- i. I do not know what diet to follow
0 _____ 10
- j. I have difficulty following the diet prescribed by my doctor
0 _____ 10
- k. I have too many other things to worry about
0 _____ 10

Date _____

