

PLANK 8

TOOL: Guideline for Treatment of HTN (Sharp Rees-Stealy Medical Group)

BLOOD PRESSURES FOR NON-PRIMARY CARE PATIENT VISITS

To provide safe care for all patients of Sharp Rees-Stealy, Blood Pressures (BP) will be taken on all patients, including those patients being seen in non-primary care areas. The following are guidelines for those patients with elevated blood pressure.

If patient's BP is elevated, please have patient sit for 5 minutes and repeat BP. If the BP remains elevated, please notify specialty physician, prior to implementing any of the following scenarios.

1. Systolic 140-179 or diastolic 90-109. Ask the patient to schedule a routine follow-up with their primary doctor. ALSO, send a task to the primary doctor including the BP. This can be completed by any level of clinical staff.
2. Systolic 180-209 or diastolic 110-119. Have the patient wait in the office and a licensed clinical staff will call the primary or doctor on call for advice.
3. Systolic over 210 or diastolic over 120. Have the patient wait in the office, and call the primary care physician. Treat as emergent. This communication will be physician to physician.

