

PLANK 8

TOOL: Standard Workflow for BP Check (ThedaCare)

	Steps	Tips/Helpful Hints
1	Pt arrives for BP check	
2	<p>Obtain BP and Pulse</p> <ul style="list-style-type: none"> If BP result is greater than or equal to 140/90, repeat BP in 5 minutes. After 5 minutes, if BP is less than 140/90 route nurse encounter to PCP as an FYI. <p>For Diabetic patient</p> <ul style="list-style-type: none"> If BP is greater than or equal to 130/80, repeat BP in 5 minutes. After 5 minutes, if BP is less than 130/80 route nurse encounter to PCP as an FYI. 	<p>Take BP in both arms and record the BP from the arm with the higher value.</p> <p>Have patient rest quietly in the exam room before rechecking their blood pressure. Recheck from the arm that had the higher value.</p> <p>Normal BP: SBP < 120 DBP < 80</p> <p>Prehypertension: SBP 120 - 130 DBP 80 - 89</p>
3	<p>If SBP is greater than or equal to 140-179 (or above patient's target SBP) OR DBP is greater than or equal to 90-109 (or above patient's target DBP)</p> <p>Ask if patient is able to stay.</p>	<p>Stage 2 Hypertension: SBP equal to or > 160 DBP equal to or > 100</p>
	<p>3A If patient is able to stay</p> <ul style="list-style-type: none"> Route nurse encounter to PCP AND Communicate BP results with PCP face to face. <ul style="list-style-type: none"> If PCP is not working, notify on-site on-call provider. Document that you have talked with the PCP or on-site on-call provider. Send patient home after receiving plan of care from provider. <p>3B If patient is able to stay.</p> <ul style="list-style-type: none"> Route nurse encounter to PCP AND Communicate BP results with PCP face to face. <ul style="list-style-type: none"> If PCP is not working, notify on-site on-call provider. Document that you have talked with the PCP or on-site on-call provider. Call patient with plan of care. 	<p>Approach PCP or on-site on-call provider in between patients with the BP result of the patient.</p>
4	<p>If SBP is 180 or greater OR DBP is 110 or greater route nurse encounter to PCP AND alert PCP immediately</p> <p>If PCP is not working</p> <ul style="list-style-type: none"> Notify on-site on-call provider. Do not send patient home until PCP or on-site on-call provider has addressed the plan of care. Document that you have talked with the PCP or on-site on-call provider. 	<p>Stage 2 Hypertension: SBP equal to or > 160 DBP equal to or > 100</p> <p>Patient must be evaluated immediately. Approach PCP or on-site on-call provider face to face with BP result of the patient. PCP or on-site on-call provider to determine plan of care before sending patient home.</p>
5	<p>If patient does not need to see the provider</p> <ul style="list-style-type: none"> Go to Order Entry Screen Enter service level "RN No Charge" and a diagnosis to match the visit encounter 	
6	Close the Encounter	

