**PLANK 8**

**TOOL: Standard Workflow for BP Check (ThedaCare)**

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<th>Steps</th>
<th>Tips/Helpful Hints</th>
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<tr>
<td>1. Pt arrives for BP check</td>
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| 2. Obtain BP and Pulse  
  • If BP result is greater than or equal to 140/90, repeat BP in 5 minutes.  
  • After 5 minutes, if BP is less than 140/90 route nurse encounter to PCP as an FYI.  
  **For Diabetic patient**  
  • If BP is greater than or equal to 130/80, repeat BP in 5 minutes.  
  • After 5 minutes, if BP is less than 130/80 route nurse encounter to PCP as an FYI. | Take BP in both arms and record the BP from the arm with the higher value.  
Have patient rest quietly in the exam room before rechecking their blood pressure. Recheck from the arm that had the higher value.  
**Normal BP:** SBP < 120  
**Prehypertension:** SBP 120 - 130  
**DBP < 80**  
**DBP 80 - 89** |
| 3. If SBP is greater than or equal to 140-179  
(OR above patient’s target SBP)  
**OR**  
DBP is greater than or equal to 90-109  
(OR above patient’s target DBP)  
**Ask if patient is able to stay.** | **Stage 2 Hypertension:**  
SBP equal to or > 160  
DBP equal to or > 100  
Approach PCP or on-site on-call provider in between patients with the BP result of the patient. |
| 3A. If patient is able to stay  
• Route nurse encounter to PCP **AND**  
• Communicate BP results with PCP face to face.  
  • If PCP is not working, notify on-site on-call provider.  
  • Document that you have talked with the PCP or on-site on-call provider.  
  • Send patient home after receiving plan of care from provider. | |
| 3B. If patient is able to stay.  
• Route nurse encounter to PCP **AND**  
• Communicate BP results with PCP face to face.  
  • If PCP is not working, notify on-site on-call provider.  
  • Document that you have talked with the PCP or on-site on-call provider.  
  • Call patient with plan of care. | |
| 4. If SBP is 180 or greater  
(OR DBP is 110 or greater route nurse encounter to PCP  
**AND** alert PCP immediately  
If PCP is not working  
• Notify on-site on-call provider.  
• Do not send patient home until PCP or on-site on-call provider has addressed the plan of care.  
• Document that you have talked with the PCP or on-site on-call provider.  
**Stage 2 Hypertension:**  
SBP equal to or > 160  
DBP equal to or > 100  
Patient must be evaluated immediately. Approach PCP or on-site on-call provider face to face with BP result of the patient. PCP or on-site on-call provider to determine plan of care before sending patient home. | |
| 5. If patient does not need to see the provider  
• Go to Order Entry Screen  
• Enter service level “RN No Charge” and a diagnosis to match the visit encounter | |
| 6. Close the Encounter | |