

# PLANK 8

## TOOL: Standard Workflow for BP Check (ThedaCare)

	Steps	Tips/Helpful Hints
1	Pt arrives for BP check	
2	<p>Obtain BP and Pulse</p> <ul style="list-style-type: none"> <li>If BP result is greater than or equal to 140/90, repeat BP in 5 minutes.</li> <li>After 5 minutes, if BP is less than 140/90 route nurse encounter to PCP as an FYI.</li> </ul> <p><b>For Diabetic patient</b></p> <ul style="list-style-type: none"> <li>If BP is greater than or equal to 130/80, repeat BP in 5 minutes.</li> <li>After 5 minutes, if BP is less than 130/80 route nurse encounter to PCP as an FYI.</li> </ul>	<p>Take BP in both arms and record the BP from the arm with the higher value.</p> <p>Have patient rest quietly in the exam room before rechecking their blood pressure. Recheck from the arm that had the higher value.</p> <p><b>Normal BP:</b> SBP &lt; 120 DBP &lt; 80</p> <p><b>Prehypertension:</b> SBP 120 - 130 DBP 80 - 89</p>
3	<p>If SBP is greater than or equal to 140-179 (or above patient's target SBP) <b>OR</b> DBP is greater than or equal to 90-109 (or above patient's target DBP)</p> <p><b>Ask if patient is able to stay.</b></p>	<p><b>Stage 2 Hypertension:</b> SBP equal to or &gt; 160 DBP equal to or &gt; 100</p>
	<p><b>3A</b> If patient is able to stay</p> <ul style="list-style-type: none"> <li>Route nurse encounter to PCP <b>AND</b></li> <li>Communicate BP results with PCP face to face. <ul style="list-style-type: none"> <li>If PCP is not working, notify on-site on-call provider.</li> <li>Document that you have talked with the PCP or on-site on-call provider.</li> <li>Send patient home after receiving plan of care from provider.</li> </ul> </li> </ul> <p><b>3B</b> If patient is able to stay.</p> <ul style="list-style-type: none"> <li>Route nurse encounter to PCP <b>AND</b></li> <li>Communicate BP results with PCP face to face. <ul style="list-style-type: none"> <li>If PCP is not working, notify on-site on-call provider.</li> <li>Document that you have talked with the PCP or on-site on-call provider.</li> <li>Call patient with plan of care.</li> </ul> </li> </ul>	<p>Approach PCP or on-site on-call provider in between patients with the BP result of the patient.</p>
4	<p>If SBP is 180 or greater <b>OR</b> DBP is 110 or greater route nurse encounter to PCP <b>AND</b> alert PCP immediately</p> <p>If PCP is not working</p> <ul style="list-style-type: none"> <li>Notify on-site on-call provider.</li> <li>Do not send patient home until PCP or on-site on-call provider has addressed the plan of care.</li> <li>Document that you have talked with the PCP or on-site on-call provider.</li> </ul>	<p><b>Stage 2 Hypertension:</b> SBP equal to or &gt; 160 DBP equal to or &gt; 100</p> <p>Patient must be evaluated immediately. Approach PCP or on-site on-call provider face to face with BP result of the patient. PCP or on-site on-call provider to determine plan of care before sending patient home.</p>
5	<p>If patient does not need to see the provider</p> <ul style="list-style-type: none"> <li>Go to Order Entry Screen</li> <li>Enter service level "RN No Charge" and a diagnosis to match the visit encounter</li> </ul>	
6	Close the Encounter	