

Measuring Hypertension Control and Reporting Methods for Measure Up/Pressure Down

November 2013

Agenda

- Recent guideline activity regarding cardiovascular disease
- Current measurement approach for Measure Up/Pressure Down: NQF 0018
- Measure specification and guidelines for MU/PD
 - Timeframes
 - Seasonality
 - Missing BPs
- Portal for data reporting—active on December 2

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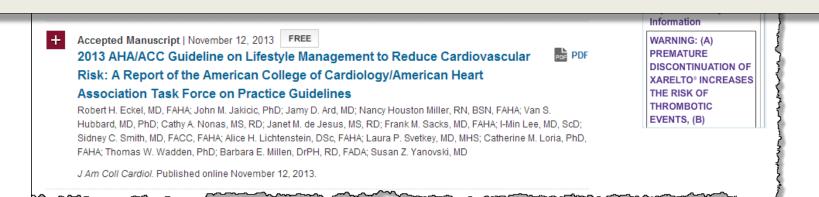




Four ACC/AHA Guidelines Released November 12, 2013

- Assessment of Cardiovascular Risk
- Lifestyle Management to Reduce Cardiovascular Risk
- Treatment of Blood Cholesterol to Reduce Atherosclerotic CV Risk
- Management of Overweight and Obesity in Adults (with The Obesity Society)

http://content.onlinejacc.org/Onlinefirst.aspx http://circ.ahajournals.org/



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Tuesday, November 12, 2013

Systematic Evidence Reviews and Clinical **Practice Guidelines**

About Systematic Evidence Reviews and Clinical Practice Guidelines

Current Guidelines and Reports

Systematic Evidence Reviews in Development

Guideline Archive

Expert Panel Members

Blood Pressure in Adults: Systematic Evidence Review from the Hypertension Expert Panel

Status of Systematic Review to Enable Guideline Development

- Final editing stage
- · Expected Release Date: January, 2014

Background

Guideline Executive Committee Policy for Managing Potential Conflicts of Interest and Relationships with Industry

Expert Panel Members

Last Updated November 2013









SEARCH ACCESSIBILITY READERS & PLAYERS SITE INDEX OTHER SITES PRIVACY STATEMENT FOIA CONTACT US OIG

Hypertension Guideline Activity

Original campaign goal: 80% of patients with hypertension in control, by JNC 7 criteria

Guideline	Released	Uncomplicated	Diabetes	Chronic Kidney Disease	Age ≥ 80 yr
JNC 7	August 2004	< 140/90	< 130/80	< 130/80	
NICE	August 2011	< 140/90			< 150/90
ADA	January 2013		< 140/80*		
ESH/ESC	June 2013	< 140/90	< 140/85	< 130 systolic if proteinuria	< 150 systolic
JNC 8	Pending				

NICE – National Institute for Health and Care Excellence (UK) – Guideline 127: Clinical Management of Primary Hypertension in Adults (August 2011) http://www.nice.org.uk/CG127

ADA – American Diabetes Association – Recommendations for Clinical Practice (January 2013) http://professional.diabetes.org/ResourcesForProfessionals.aspx?cid=84160

ESH/ESC — European Society of Hypertension and European Society of Cardiology — Guideline on Hypertension (June 2013) http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/arterial-hypertension.aspx?hit=TLinks

^{*} Lower systolic targets, such as < 130 mmHg, may be appropriate for certain individuals, such as younger patients, if it can be achieved without undue treatment burden.

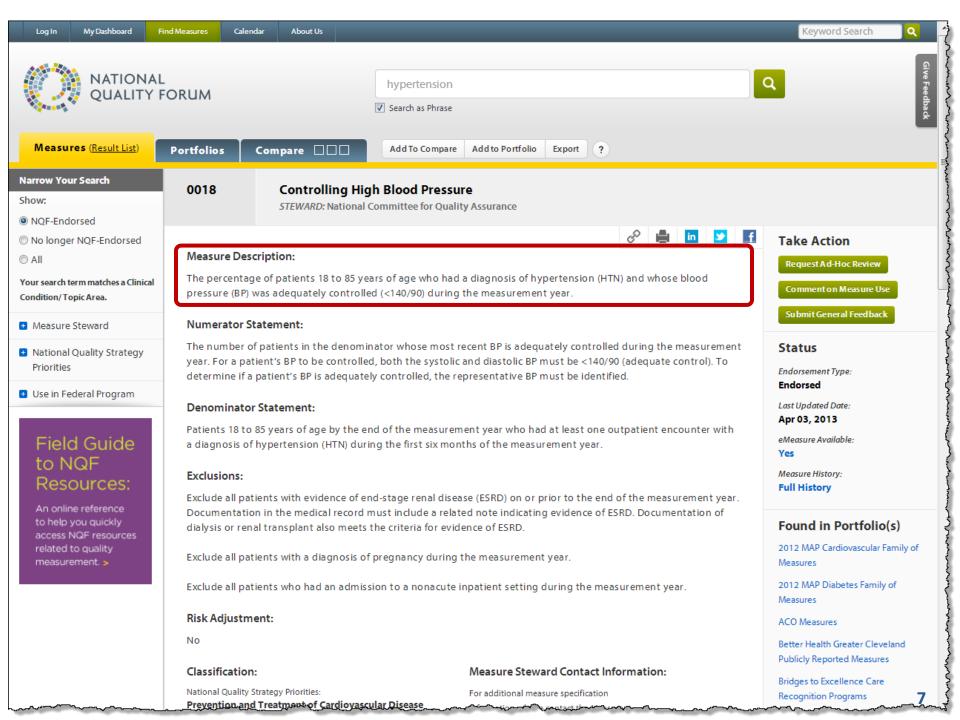
Campaign Goal

- Campaign goal: 80% of patients with hypertension have their BP in control
 - Originally, by JNC 7 criteria¹
 - Current approach: NQF 0018²
 - MU/PD Scientific Advisory Council will reconsider when updated guidelines are published, mindful of impact on participating member organizations
- The percentage of patients 18 to 85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled (< 140/90 mm Hg) during the measurement year.</p>
- NQF 0018 is used for HEDIS, Medicare PQRS, MSSP, Meaningful Use Stage 2, and many P4P programs
- Measure steward: NCQA³

Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure, National Heart, Lung and Blood Institute, National Institutes of Health (http://www.nhlbi.nih.gov/guidelines/hypertension/)

² National Quality Forum (http://www.qualityforum.org/Home.aspx)

³ National Committee for Quality Assurance (http://www.ncqa.org/)



NCQA HEDIS Physician Plan Measures

New Mexico Coalition for Healthcare

Quality Publicly Reported Measures NextGen Certified

ACO Measures

Better Health Greater Cleveland **Publicly Reported Measures**

Bridges to Excellence Care

Disparities-sensitive Measures

MAP Dual Eligible Beneficiaries

Massachusetts Health Quality Partners

(MHQP) Publicly Reported Measures

Meaningful Use - Medicare and Medicaid EHR for Eligible

MN Community Measurement's **Publicly Reported Measures**

NCOA HEDIS Health Plan Measures

HHS Million Hearts Initiative

Recognition Programs

Chris ACO measures

Family of Measures

(Greater Boston AF4Q)

Professionals

NOF Measures On Diabetes & Hypertension

Risk Adjustment:

No

Classification:

National Quality Strategy Priorities:

Prevention and Treatment of Cardiovascular Disease

Use in Federal Program:

Meaningful Use Stage 2 (EHR Incentive Program) - Eligible Professionals, Medicare Shared Savings Program, Physician Quality Reporting System (PQRS)

Actual/Planned Use:

Payment Program, Public Reporting, Quality Improvement (Internal to the specific organization), Regulatory and **Accreditation Programs**

Measure Steward Contact Information:

For additional measure specification information, please contact the Measure Steward.

Organization Name:

National Committee for Quality Assurance

Email Address:

nqf@ncqa.org

Website URL:

Care Setting:

Ambulatory Care: Clinician Office/Clinic, Ambulatory Care: Urgent Care

Condition:

Cardiovascular, Cardiovascular: Hypertension

Cross-Cutting Area:

Data Source:

Administrative claims, Electronic Clinical Data, Paper **Medical Records**

Level of Analysis:

Health Plan, Integrated Delivery System

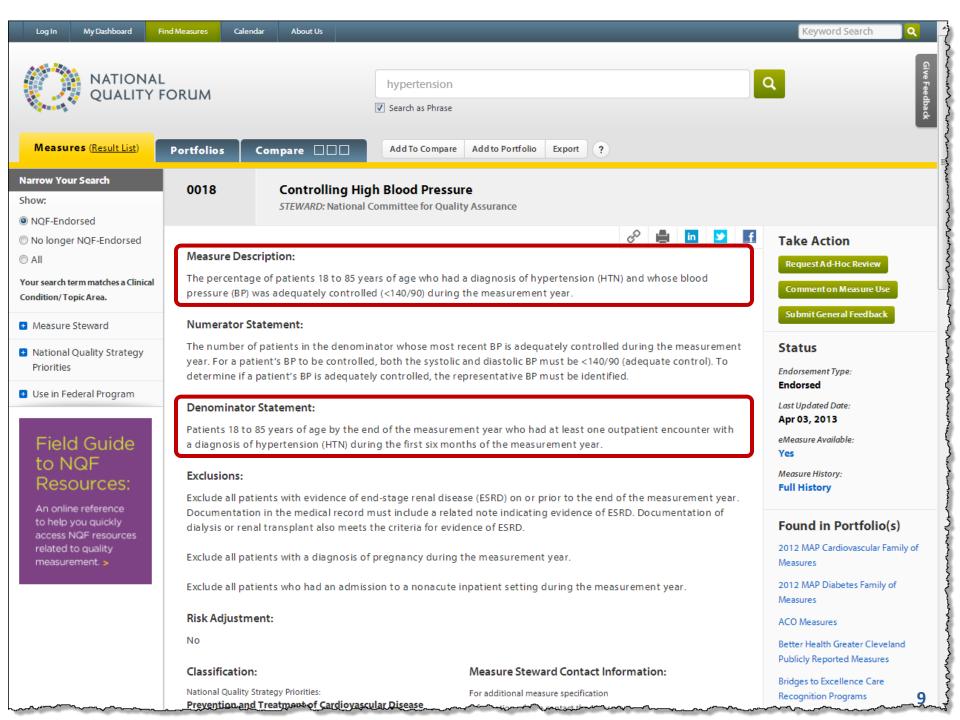
Measure Type:

Outcome

Target Population:

Populations at Risk, Senior Care

Measure Disclaimer:



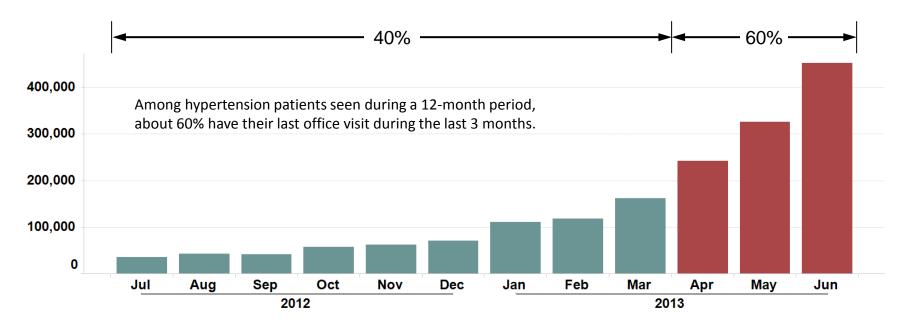
eMeasure Title	Controlling High Blood Pressure		
eMeasure Identifier (Measure Authoring Tool)	165	eMeasure Version number	1
NQF Number	0018	GUID	abdc37cc-bac6-4156-9b91- d1be2c8b7268
Measurement Period	January 1, 20xx through December 31, 20)xx	
Measure Steward	National Committee for Quality Assurance		
Measure Developer	National Committee for Quality Assurance		
Endorsed By	National Quality Forum		
Description	Percentage of patients 18-85 years of age adequately controlled (<140/90mmHg) du		
Copyright	Physician Performance Measure (Measures Committee for Quality Assurance (NCQA). The Measures are copyrighted but can be purposes (e.g., use by healthcare provider sale, licensing, or distribution of the Measure product or service that is sold, licensed or requires a license agreement between the Copyright 2012 National Committee for Qualimited proprietary coding is contained in code sets should obtain all necessary licen use or accuracy of any CPT or other codes CPT(R) contained in the Measure specificate copyright 2004-2011 Regenstrief Institute This material contains SNOMED Clinical Teterminology Standards Development Organ Reserved.	reproduced and distributed, we say in connection with their praures for commercial gain, or indistributed for commercial gauser and NCQA. NCQA is not user and NCQA. NCQA is not used the Measure specifications for isses from the owners of the contained in the specification tions is copyright 2004-2011 e. Inc.	vithout modification, for noncommercial ctices). Commercial use is defined as the accorporation of the Measures into a ain. Commercial use of the Measures responsible for any use of the Measures. Seserved. The user convenience. Users of proprietary ode sets. NCQA disclaims all liability for second accordance. American Medical Association. LOINC(R) Syright 2004-2011 International Health

Initial Patient Population	Patients 18-85 years of age who had a diagnosis of essential hypertension within the first six months of the measurement period or any time prior to the measurement period
Denominator	Equals Initial Patient Population
Denominator Exclusions	Patients with evidence of end stage renal disease (ESRD), dialysis or renal transplant before or during the measurement period. Also exclude patients with a diagnosis of pregnancy during the measurement period.
Numerator	Patients whose most recent blood pressure is adequately controlled (systolic blood pressure < 140 mmHg and diastolic blood pressure < 90 mmHg) during the measurement period.
Numerator Exclusions	Not Applicable
Denominator Exceptions	None
Measure Population	Not Applicable
Measure Observations	Not Applicable
Supplemental Data Elements	For every patient evaluated by this measure also identify payer, race, ethnicity and sex.

Measurement Periods

Reporting Periods: Rolling 12 months, reported quarterly.

2013 Q1 (2012 Q2 –2013 Q1)	2014 Q1 (2013 Q2 – 2014 Q1)	2015 Q1 (2014 Q2 – 2015 Q1)
2013 Q2 (2012 Q3 – 2013 Q2)	2014 Q2 (2013 Q3 – 2014 Q2)	2015 Q2 (2014 Q3 – 2015 Q2)
2013 Q3 (2012 Q4 – 2013 Q3)	2014 Q3 (2013 Q4 – 2014 Q3)	2015 Q3 (2014 Q4 – 2015 Q3)
2013 Q4 (2013 Q1 – 2013 Q4)	2014 Q4 (2014 Q1 – 2014 Q4)	2015 Q4 (2015 Q1 – 2015 Q4)



Numbers to Report: Patient Counts

	Total Patients	Denominator	Numerator
Male (18–64)*	# of unique patients with ≥ 1 E&M visit	# of HTN patients with ≥ 1 E&M visit	# of HTN patients whose last BP is < 140/90 mm Hg
Male (65–85)*	# of unique patients with ≥ 1 E&M visit	# of HTN patients with ≥ 1 E&M visit	# of HTN patients whose last BP is < 140/90 mm Hg
Female (18–64)*	# of unique patients with ≥ 1 E&M visit	# of HTN patients with ≥ 1 E&M visit	# of HTN patients whose last BP is < 140/90 mm Hg
Female (65–85)*	# of unique patients with ≥ 1 E&M visit	# of HTN patients with ≥ 1 E&M visit	# of HTN patients whose last BP is < 140/90 mm Hg

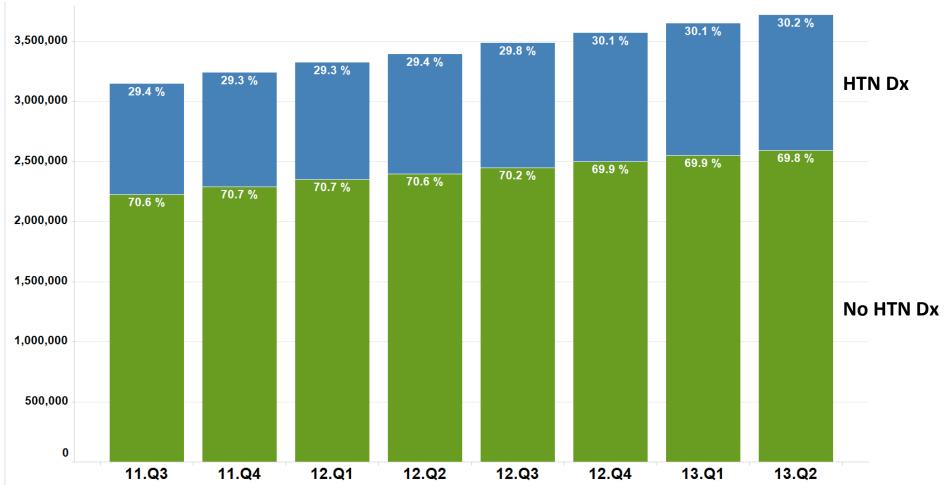
^{*} Age, as of the end of the reporting period.

Prevalence = Denominator / Total Patients

Control = Numerator / Denominator

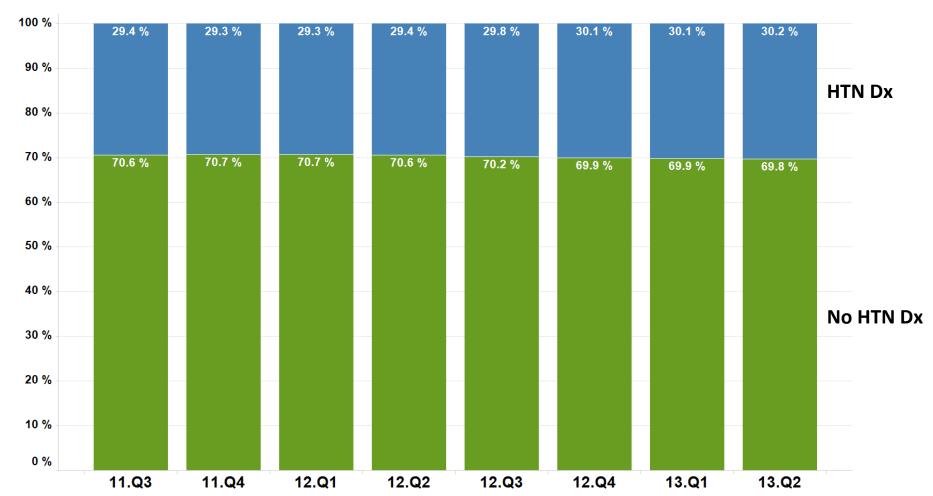
Prevalence: Growth in Visit Volume over 8 Quarters

- For illustration, aggregated data from multiple groups participating in AMGA's Anceta collaborative
- Overall patient counts grow by about 2.5% each quarter
- Proportion of patients with a diagnosis of hypertension is reasonably stable



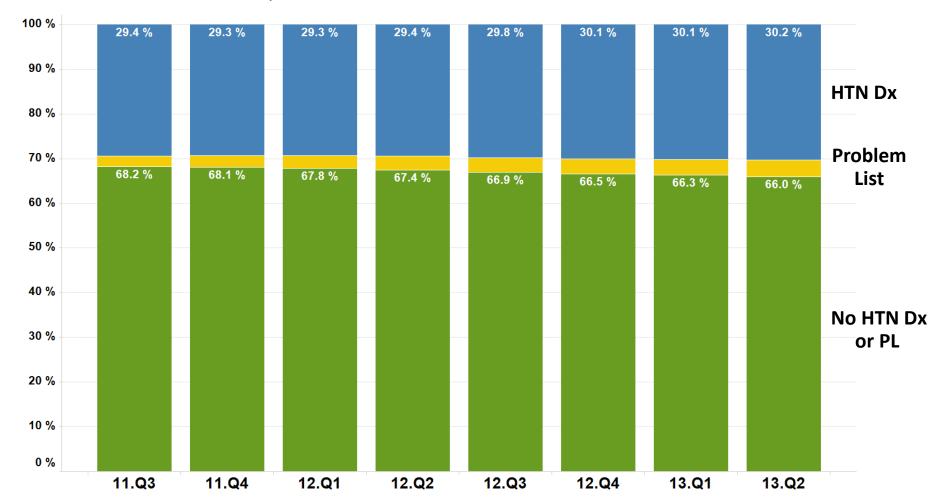
Prevalence: HTN Dx as a Proportion of 100%

- Same data, with each quarter shown as a proportion of 100%
- HTN Dx reflects patients with a 401.XX diagnosis code (ICD-9-CM) on a claim for an ambulatory Evaluation & Management visit



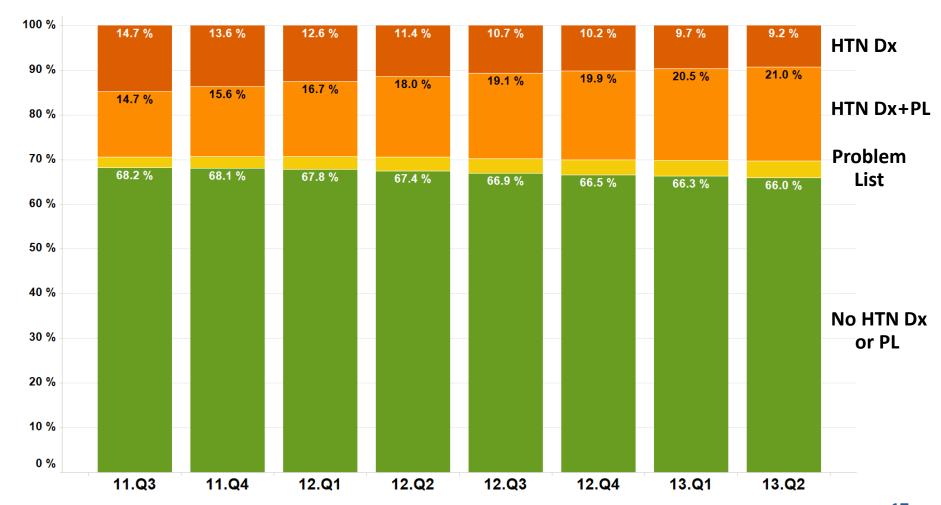
Prevalence: Adding Patients with Problem List Entry

- Same data, with each quarter shown as a proportion of 100%
- Adding patients who have a problem list entry (in EHR) for hypertension but no Dx code on a claim for an ambulatory E&M visit



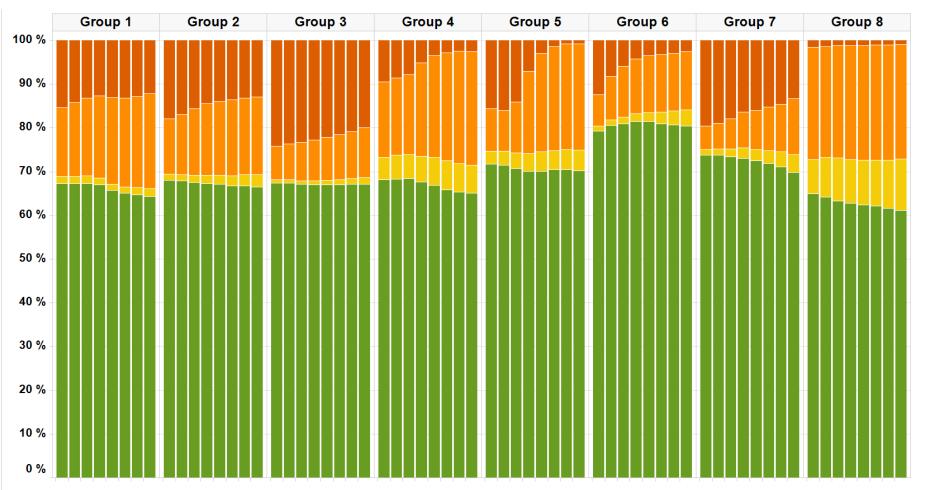
Prevalence: Dx, PL, Both

Same data, breaking out the patients with a Dx code to show those who have a problem list entry for hypertension in the EHR and those who don't



Prevalence and Documentation Trajectory, by Group

- Time sequence for 8 different medical groups, showing trends in prevalence of hypertension and in use of the problem list in the EHR
- Patient populations differ, but prevalence provides a check on detection/diagnosis of HTN



Breakouts by Gender and Age Group

- Slightly higher prevalence of HTN among females, much higher among older patients
- Differences in overall prevalence of hypertension across medical groups may reflect differences in the age profile of their patient populations





Patient Population

Total Patients — number of unique patients with 1 or more ambulatory E&M visits (including "prevention" services) during the 12-month reporting period, using Table CBP-B: Codes to Identify Outpatient Visits, from HEDIS® 2013 Technical Specifications for Physician Measurement:

Description	СРТ
Outpatient visits	99201-99205, 99211-99215, 99241-99245, 99384-99387, 99394-99397

Note: No exclusions based on provider specialty.

99201–99205	Office or other outpatient visit, new patient
99211–99215	Office or other outpatient visit, established patient
99241-99245	Office consultation, new or established patient
99384–99387	Initial comprehensive preventive medicine visit
99394-99397	Periodic comprehensive preventive medicine visit

Numbers of patients are broken out by:

- Age category: 18–64 years, or 65–85 years, as of the end of the reporting period.
- By gender (male, female).

Exclusions (from the Denominator)

- Patients with unknown gender
- Patients with unknown age, or age < 18 or > 85 years, as of the end of the reporting period
- Patients who had an admission to a non-acute inpatient setting any time during the reporting period
- Patients with evidence of end-stage renal disease (ESRD) during or prior to the end of the reporting period
- Patients who are pregnant during the reporting period

Denominator and Numerator

Denominator — number of patients in the population defined above who have a diagnosis of essential hypertension:

- on patient's problem list, any time prior to the end of the first six months of the reporting period (rolling 12-month periods, ending each calendar quarter), or
- ICD-9-CM diagnosis code 401.XX on a claim associated with an ambulatory visit during (or before) the first six months of the reporting period, where one of the specified CPT codes is billed.

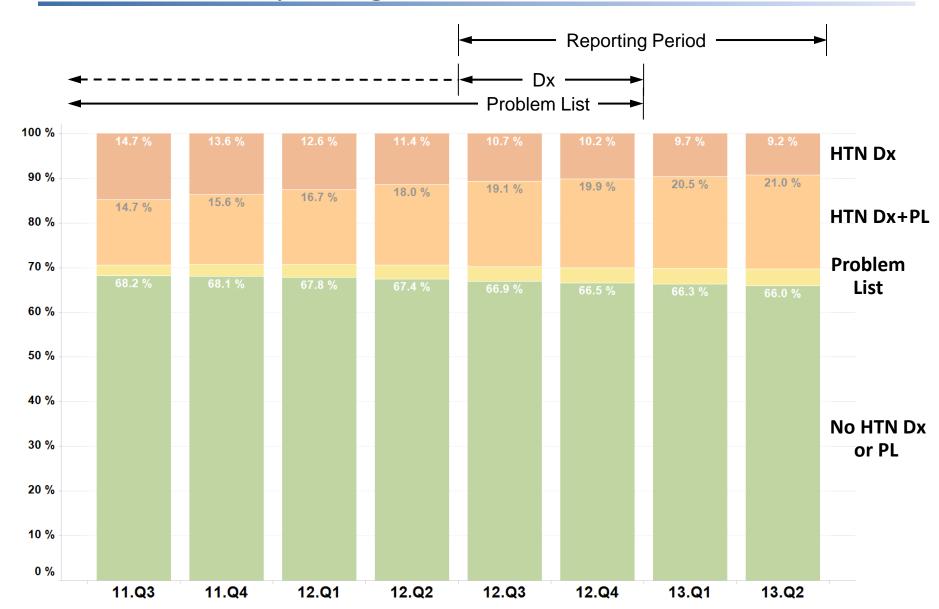
Numerator — number of patients in the denominator whose last ambulatory, in-office BP during the reporting period is < 140/90 mm Hg.

Note: Where multiple BP readings are recorded on a single day, take the lowest systolic reading and the lowest diastolic reading for the day.

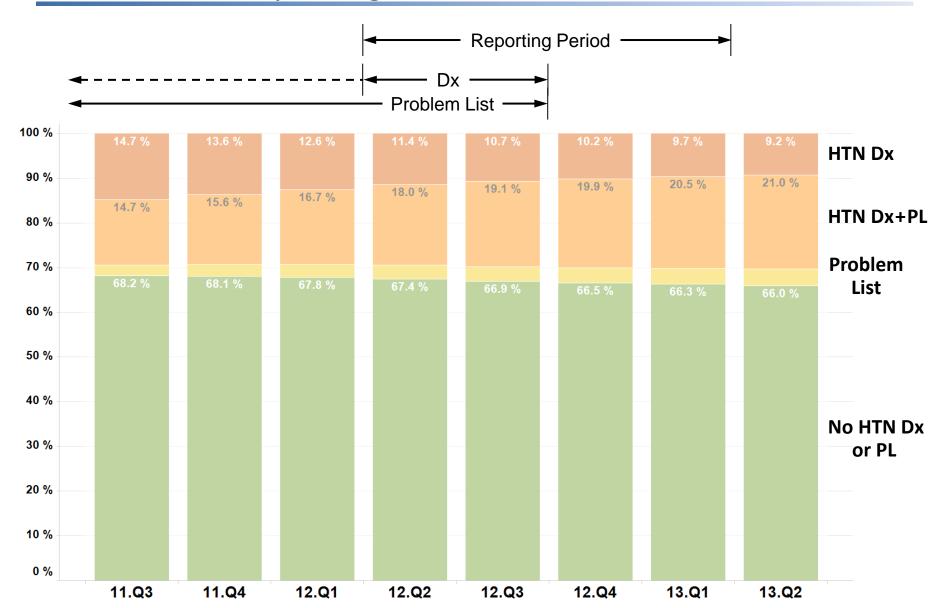
Exclusions —

- Exclude BP readings from inpatient, observation, and ER settings. (Include urgent care.)
- Exclude home BP readings and ambulatory BP monitoring data.
- Exclude BP readings taken prior to diagnosis of HTN (where feasible, examine the patient's entire longitudinal record for the first occurrence of a 401.XX diagnosis code, or consider the date when hypertension was added to the patient's problem list, whichever is earlier).
- Exclude from the numerator patients with no BP measurement recorded during the reporting period. Patients with no BP measurement during the reporting period are considered <u>not</u> in control, since they are not known to be in control.

Timeframes: Reporting Period ended 2013 Q2

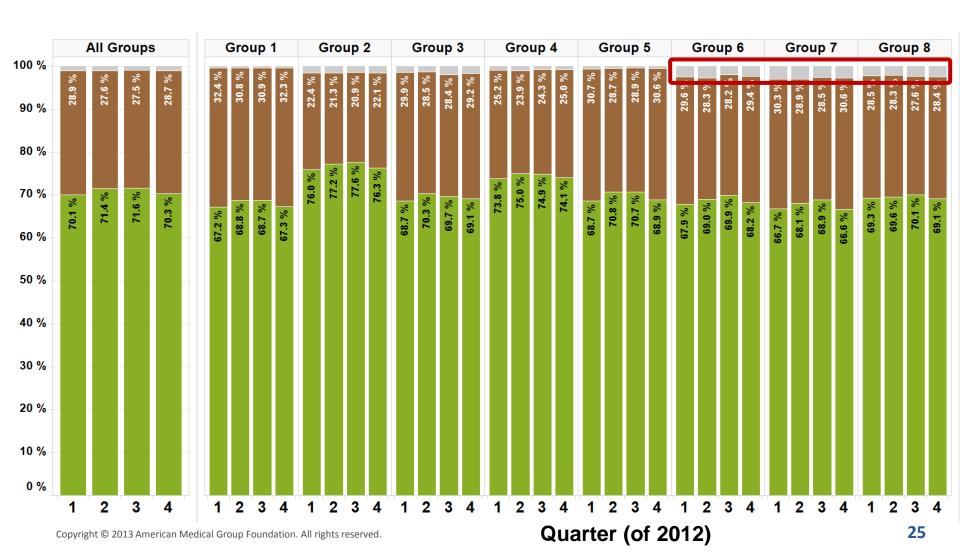


Timeframes: Reporting Period ended 2013 Q1



Seasonality

Blood pressure is higher (and therefore hypertension control is worse) during winter months—Q1
and Q4, but using a 12-month reporting period mitigates this effect

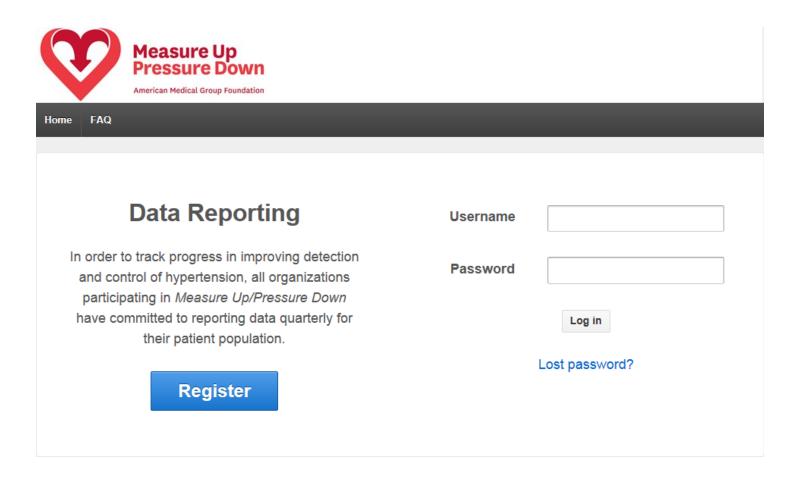


Missing BP — Special Case

- NQF 0018: In general, BP not recorded is considered to be "not in control"
- Some groups have a few sites or providers who are not using the EHR to record BP or other clinical observations
- If the vast majority of the organization's providers are using the EHR to record BP, the following are acceptable:
 - Provider-level approach—If the provider for last E&M encounter during reporting period does not record clinical observations in the EHR, exclude the patient from the denominator
 - Patient-level approach—If no BMI (height/weight) or other clinical observation (TPR, pain) for the patient, exclude the patient from the denominator
- If a substantial number of an organization's providers are not recording clinical observations in an EHR, NCQA's hybrid method may be used. (Please contact MU/PD data team to discuss.)

Introduction

 Members. Measure UpPressure Down.com is a companion site for www. Measure UpPressure Down.com designed to enable secure submission of data supporting the Measure Up/Pressure Down campaign. (Live Dec 2nd 2013)



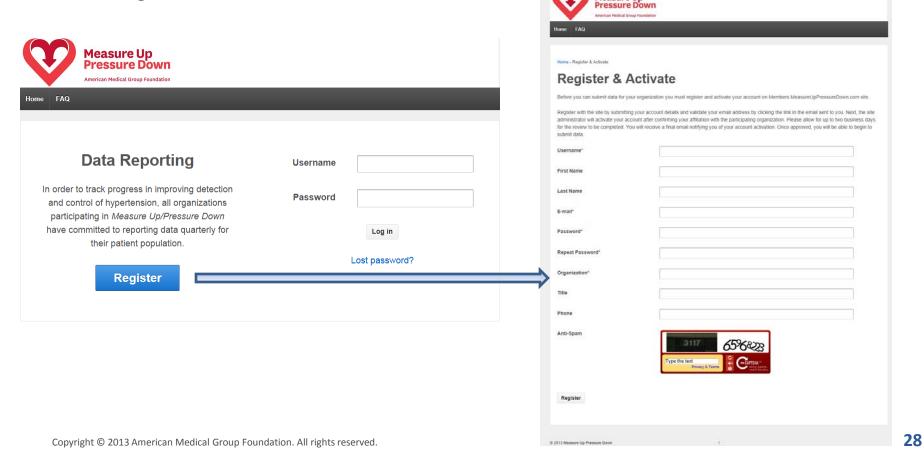
Registration and Activation

To submit data on the site, users must register a user name and email and have their account activated by the site administrator.

To start the registration process, navigate to the main landing page and click the

Measure Up

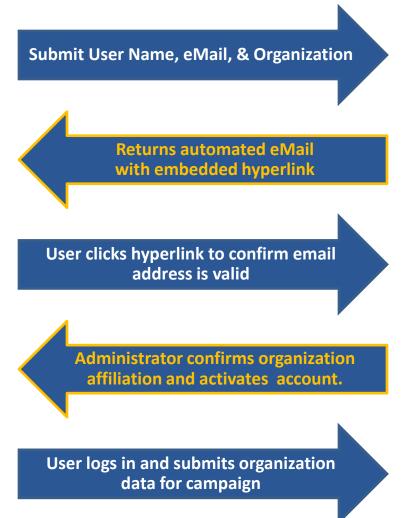
registration button.



Registration and Activation

To complete registration, the user confirms the email account submitted is valid. Then the site administrator validates the users affiliation with the participating organization.

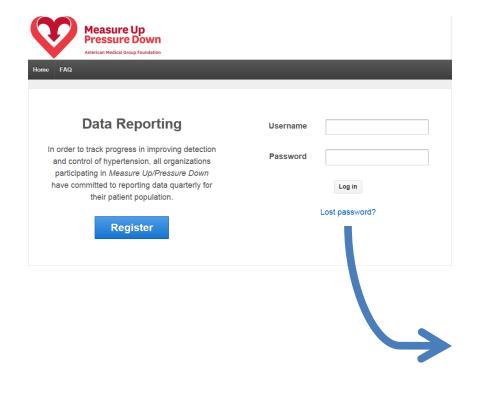
Participating Organization Data Professional

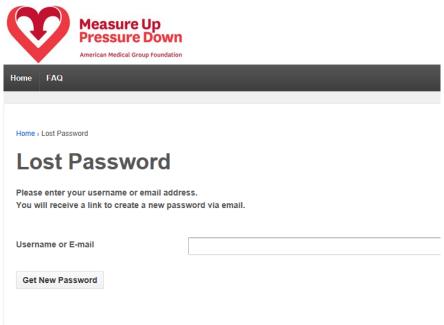


AMGA MUPD Administrator

Resetting Account Password

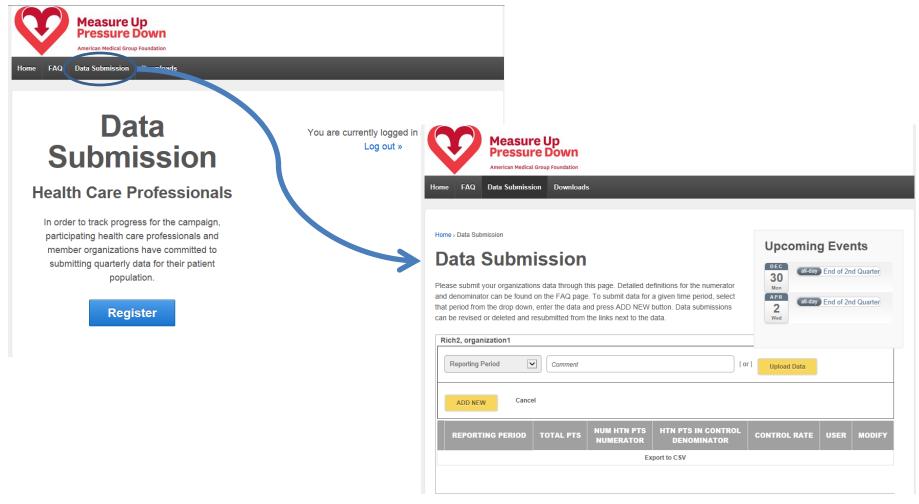
To reset your password for any reason, or if you forgot your password, click the Lost Password link on the home page. Provide your email or user id to reset your password.





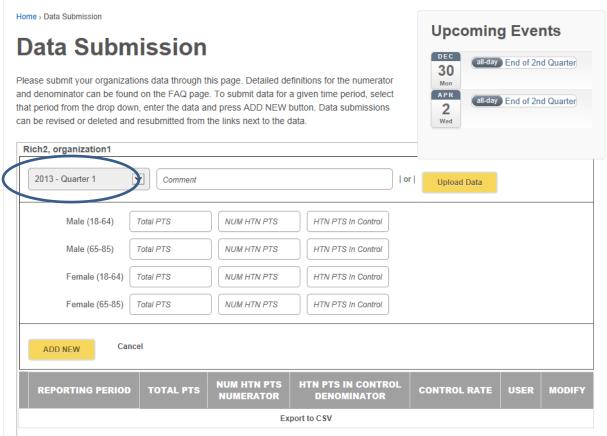
Submitting Data

 To submit data for the campaign, login using the provided credentials and navigate to the Data Submission Page



Submitting Data - Continued

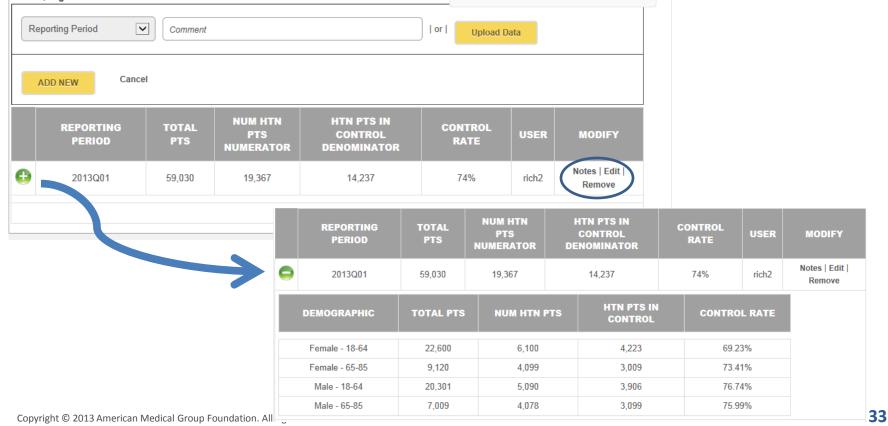
- Click the Reporting Period dropdown and select the reporting period for the current data submission.
- Enter in the requested values for each metrics shown and press the ADD NEW button.



Submitting Data - Continued

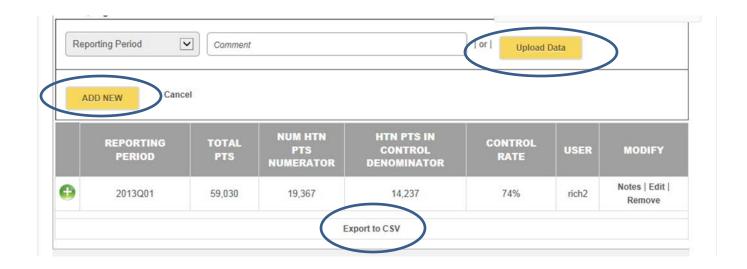
- Once the data is submitted the page displays a summary of the reporting period data on a single line.
- Clicking the green plus button will expand the summary data to reveal the detailed data.

 A reporting period submission can edited or removed completely by clicking the controls under the modify column.



Submiting Data - Continued

- Users can Add another reporting period data set by clicking the ADD NEW button.
- Or upload the data for a reporting period by pressing Upload Data
- A history of data submitted by the organization can be exported by pressing the Export to CSV



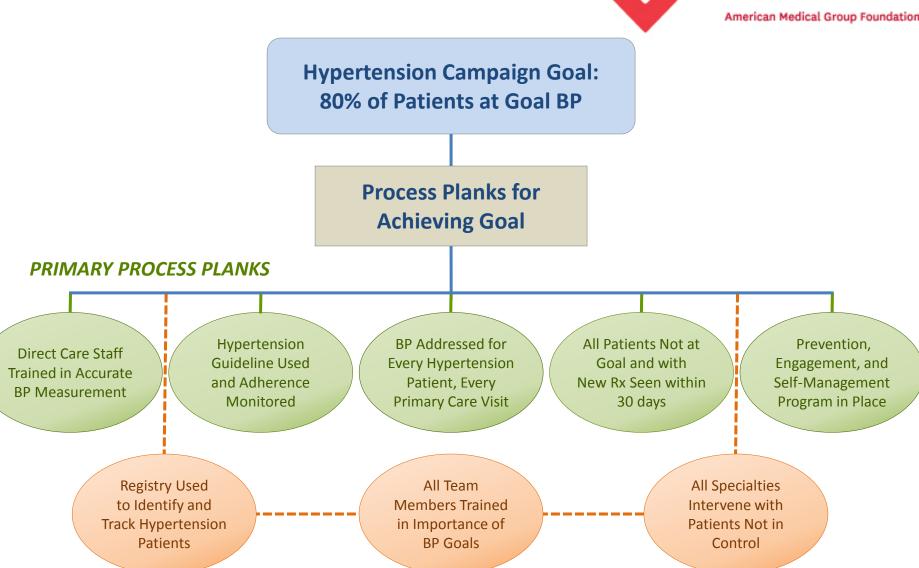
How to Get Help

- If you need help please consult the Users Guide (available for download on the home page)
- Consult the FAQ (available off the main menu on the site)
- Email MUPDDataAdmin@amga.org

The site will be live starting Dec 2nd 2013.

AMGF Chronic Care Challenge





VALUE-ADD PROCESS PLANKS